

Fortisip Compact Protein

A ready-to-drink, high energy, high protein, vitamin and mineral rich oral nutritional supplement containing 300kcal and 18g protein per 125ml bottle

Features

- Low volume presentation, 125ml bottle
- Significantly higher compliance with Fortisip Compact Protein compared to standard (1.5 – 2kcal/ml) oral nutrition support¹
- Fibre free
- Available in Mocha, Strawberry and Vanilla
- User friendly, easy to hold plastic bottle with straw attached and resealable cap

Indications

For the dietary management of:

- Disease related malnutrition
- Patients with high energy and protein requirements
- Fluid restricted diets

Important Notice

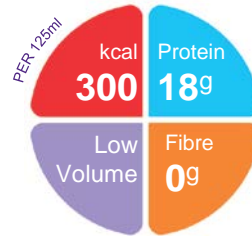
- Not suitable for patients with galactosaemia
- Not suitable for children under 3 years of age
- Use with caution in children aged 3-6 years
- Not suitable as a sole source of nutrition

Directions for Use

- Best served chilled
- Shake well before use
- Usage to be determined by a healthcare professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



Ordering Information

- To order contact Nutricia Customer Care 1800 889 480

Fortisip Compact Protein	Presentation	Code	Units per carton
Vanilla	125ml bottle	71542	24
Mocha	125ml bottle	71544	24
Strawberry	125ml bottle	71545	24

Ingredients*

Fortisip Compact Protein Vanilla: Water, **milk** proteins (micellar casein isolate, **milk** protein caseinates), maltodextrin, sucrose, vegetable oils (rapeseed oil, sunflower oil), magnesium hydrogen phosphate, emulsifier (**soy** lecithin), flavouring (vanilla), choline chloride, sodium L-ascorbate, potassium citrate, di-potassium hydrogenphosphate, ferrous lactate, DL-alpha tocopheryl acetate, nicotinamide, colouring (curcumin), retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, D-biotin, zinc sulphate, chromium chloride, cholecalciferol, pyridoxine hydrochloride, pteroylmonoglutamic acid, thiamin hydrochloride, potassium iodide, riboflavin, sodium molybdate, sodium fluoride, phytomenadione.

* Please note the ingredients list is for Vanilla flavour only. There are minor variations in ingredients list between different flavours. For the full ingredients list of the Mocha and Strawberry flavours, please contact the Nutricia Clinical Care Line on 1800 060 051.

1. Hubbard, G et al. Proceedings of the Nutrition Society (2010), Presented at BAPEN (2009)

A food for special medical purposes; to be used under strict medical supervision.

For more information call the
Nutricia Clinical Care Line **1800 060 051**

Fortisip Compact Protein

Nutrition Information		Per 100ml		Per 125ml bottle	
Energy	kcal	240	300		
	kJ	1010	1263		
Protein	g	14.4 (24%E)	18		
Casein	g	13.4	16.8		
Whey	g	1	1.3		
Carbohydrate	g	24.4 (41%E)	30.5		
Sugars	g	13.3	16.6		
as Lactose	g	0.3	0.38		
Fat	g	9.4 (35%E)	11.8		
Saturates	g	0.9	1.1		
Monounsaturates	g	5.7	7.1		
Polyunsaturates	g	2.8	3.5		
ω6 / ω3 ratio		5.1:1	5.1:1		
Fibre	g	0	0		
Water	ml	63	78.8		

Minerals		Per 100ml		Per 125ml bottle	
Sodium	mg	40	50		
	mmol	1.7	2.1		
Potassium	mg	105	131		
	mmol	2.7	3.4		
Calcium	mg	350	438		
Phosphorus	mg	300	375		
Magnesium	mg	55	68.8		
Chloride	mg	60	75		
Ca:P ratio		1.2:1	1.2:1		

Vitamins		Per 100ml		Per 125ml bottle	
Vitamin A	µg RE	260	325		
Vitamin D	µg	2.1	2.6		
Vitamin E	mg α-TE	3.7	4.6		
Vitamin K	µg	16	20		
Vitamin C	mg	30	37.5		
Thiamin	mg	0.45	0.56		
Riboflavin	mg	0.5	0.6		
Niacin	mg NE	3.6	4.5		
Vitamin B6	mg	0.53	0.66		
Vitamin B12	µg	1.1	1.4		
Folic Acid	µg	80	100		
Pantothenic Acid	mg	1.6	2		
Biotin	µg	12	15		

Trace Elements		Per 100ml		Per 125ml bottle	
Iron	mg	2.1	2.6		
Zinc	mg	2.4	3		
Manganese	mg	0.63	0.79		
Copper	µg	350	438		
Iodine	µg	46	57.5		
Molybdenum	µg	20	25		
Selenium	µg	14	17.5		
Chromium	µg	13	16.3		
Fluoride	mg	0.19	0.24		

Other		Per 100ml		Per 125ml bottle	
Choline	mg	110	138		
Osmolality	mOsmol/kg H ₂ O	900	900		